



## **Zenuari 2016**

Happy New Year! Best wishes for the year to come, may it be a happy, healthy and creative year.

I am thrilled that you've decided to start your year by joining the Zenuari challenge. Before we begin some things to help get you started. First of all; did you know there is a special Facebook group for Zenuari 2016? You'll have to request membership because it's a private group.

When on Instagram please remember to use the hashtag #zenuari2016. Only then I will be able to find your drawings.

Do you have a question for me? Shoot me an email; I might overlook it when you ask me on Facebook or Instagram. I'll respond as quickly as possible, but please remember that I might be in a different time zone. ;-)

Also please be patient and considerate with me (and some of the other participants as well) as English is not my mother tongue.

In this e-book you will find all the prompts for this month including some explanation. I hope you will see the prompts as an inspiration guideline rather than a strict rule. Feel free to make each prompt your own. Don't worry if you somehow can't keep up, I will still check the Facebook group and Instagram regularly after January is over. That being said; Let's start Zenuari 2016!

### **Day 1: Fireworks!**

We will start quite easily. If you are anything like me you probably don't have much time to tangle today. My New Year always starts with a visit to my grandma, my entire family does that. Quite a bunch of people. Grandma stuffs us with 'oliebollen' (some sort of doughnuts) and all kinds of other sweet stuff. Back home I am sleepy with a full belly! ;-)

So today's prompt does not have to take up much of your time.

Fireworks! How can you let fireworks inspire you for today's tile?



Be creative! Which tangles do you think reflect fireworks the best?

## Day 2: Back to basics

Since you've joined Zenuari I take it you already tangle. (If not, and yesterday was your first tile ever, good for you!) You probably left the basics behind you.

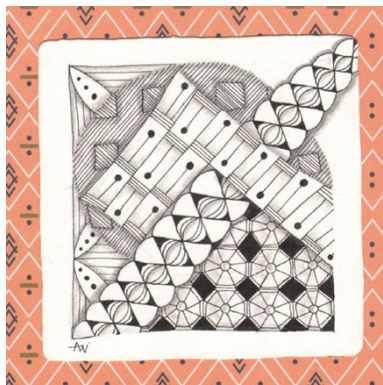
Today I dare you to go back to basics, a Zentangle drawing how it is meant to be. Follow the 8-steps described by Rick and Maria (founders and owners Zentangle).

1. Appreciate
2. Corner dots
3. Border
4. String
5. Tangle
6. Shade
7. Initial en sign
8. Appreciate (again)

## Day 3: 'New to me' tangles

Those of you who know me a little probably know that I love to set a challenge for myself every now and then. One of those challenges I regularly set for myself is to use only tangles that are new to me. Today I'll ask you to do the same.

Where can you find those tangles you might think? Check out [www.tanglepatterns.com](http://www.tanglepatterns.com) for an enormous collection of tangles sorted by alphabet.



## Day 4: Frame

There are a lot of tangles out there that are perfect to be used in a border, a frame. The obvious tangles to use are of course the so called border tangles (<http://tanglepatterns.com/tag/ribbon-tangles>). Less obvious tangles tend to lend themselves perfectly for frames as well. What do you think about using Mooka, Pokeleaf and Zinger for your frame? Your prompt for today is to make a tangled frame; maybe you can even incorporate a photo??





### Day 5: Tango

Have you ever heard of Tango? You probably know about the dance, but did you know that it is also the term we use for two tangles that dance together?

In my tile you see how Hollibaugh dances with Shattuck, the latter grows around a Hollibaugh spoke. Those same spokes seem to grow out of Tripoli as well as Sedgling. Fun right? Remember for today; It takes two to tango!

### Day 6: Tweak your Mac and Cheese tangle

*Tweak; to change (something) slightly in order to improve it : to make small adjustments to (something)*

According to the dictionary 'to tweak' is to alter something with the intention to make it even better.

So today you will tweak your Mac and Cheese tangle (you know, that tangle you almost always use), changing it slightly to make it look even better! Think about how to alter the tangle; use curvy lines instead of straight, or make your line wobbly, biggify, add embellishments, etc.

In need of some inspiration?? Check out the (very inspiring) blog series 'And then some' by Margaret Bremner. In these posts she plays with one tangle and uses them in very creative ways. For example Tipple:

<http://enthusiasticartist.blogspot.ca/2015/08/tipple-and-then-some.html>

### Day 7: Notan

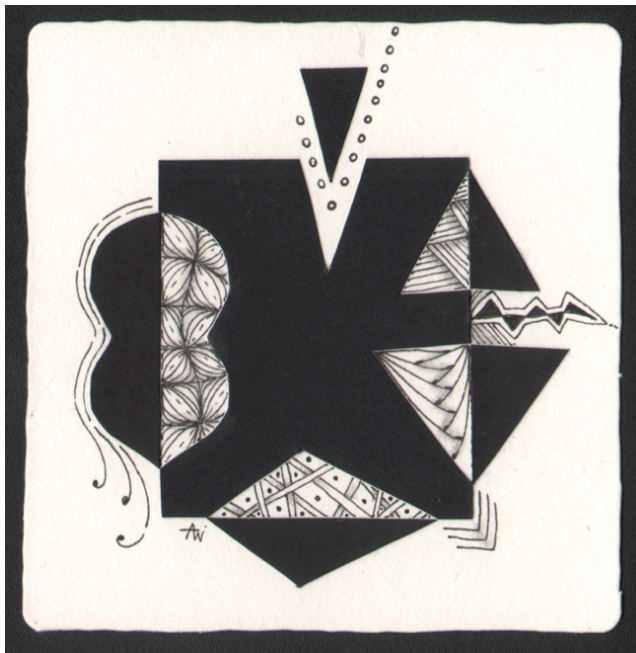
Notan is the Japanese word for the balance between dark and light. It is also an art form in which one works with negative space and a pair of scissors. Cindy Shepard, CZT, made a YouTube video about Notan and Zentangle. I like it a lot! You can find it here: [https://youtu.be/2Pa4\\_vjD0xE](https://youtu.be/2Pa4_vjD0xE)

On my blog there is also a post about Notan, unfortunately for you it is in Dutch... But hey, pictures speak for themselves, right?!

<http://www.vrijexpressief.nl/home/notan-en-zentangle>



I dare you to take out your scissors and glue and make a Notan inspired Zentangle tile today!



### Day 8: Roll that dice!

People who own the original Zentangle kit probably know what I am talking about. The kit includes an icosahedron (a 20 sided dice) and a so called 'Legend tile' with twenty tangles on it. You take the dice, roll it and draw the corresponding tangle. Easy as that.

For today's prompt you can use a normal (6-sided) dice. Find yourself a dice so you can get started!

You can start your drawing how you would normally do; your corner dots, border and string.

Here are 6 lists with tangles (for step-outs check [tanglepatterns.com](http://tanglepatterns.com)). Roll the dice; three? Then you will draw 'Brrrst' (by Kelly Barone) which is the third tangle from the first list. Next time you roll the dice you draw a tangle from the second list, and so on and so forth.

(Did you draw a string with more than six parts to tangles? Start again with the first list of tangles.)

1. Finery
2. Pepper
3. Brrrst
4. Pop-Cloud
5. Wud
6. Fescu

1. Cayke
2. Arukas
3. Hypnotic
4. Birds on a wire
5. Arundel
6. Zonked

1. Quib
2. Pauschalov
3. CO2
4. Sand Swirl
5. Lava Juice
6. Moving day

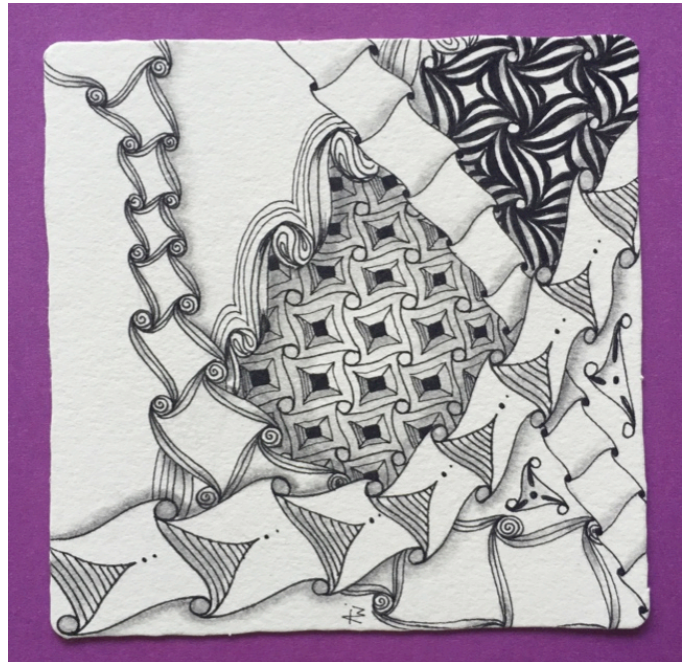
1. Quiltz
2. Tuftid
3. Fife
4. Jetties
5. 'Nzeppel
6. Yuma

1. Facets
2. Pais
3. Purk
4. Jalousie
5. Cat-kin
6. 2-N-5

1. Footlites
2. Shing
3. Angelfish
4. Verve
5. Hurry
6. Fohbraid

### Day 9: Monotangle

Seasoned tangers probably know what I am talking about. A monotangle is a tile filled with just one tangle, variations allowed. The term was made up a few years ago by Laura Harms, [iamthedivaczt.blogspot.com](http://iamthedivaczt.blogspot.com). Here you see a monotangle with Cadent. The trick is to create an interesting composition with just one tangle. Think about ways of shading, for example, play with sizing, dark/light etc. I'm looking forward to see what you'll come up with.

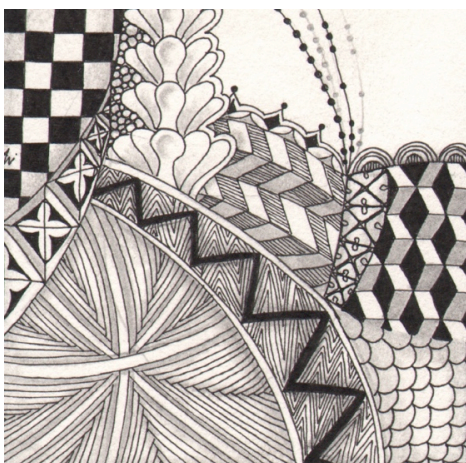


### Day 10: Tangle hunt

Tangle hunt! I like it! Start hunting for tangles in your environment (or at vacation if you please). You can hunt for already existing tangles or even find new ones. When I was in Paris last summer I found multiple tangles; Beeline, Feathers, Ibex, Knightsbridge.

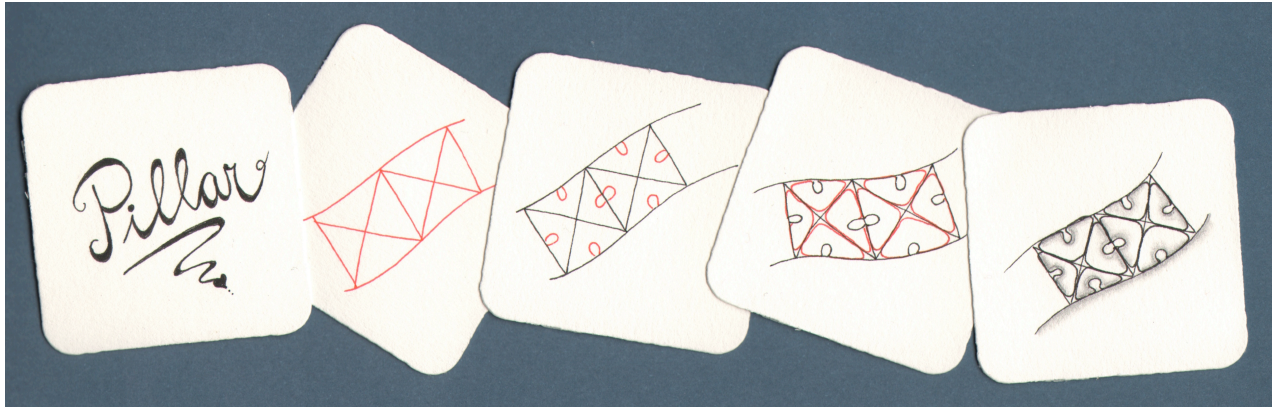
Read about my Paris tangle hunt (Dutch...);

<http://www.vrijexpressief.nl/home/tangles-in-parijs>





I also found a new tangle in Paris, it was on a pillar in one of Paris' amazingly beautiful churches. So I decided to call it Pillar. Here are the step-outs for my tangle, you can use this one of course but the real challenge for today is to go hunt for patterns in your own surroundings. Use all the found tangles in one tile. You might be surprised!



### Day 11: Nametangle

After the big challenge from yesterday today an easier one which takes less time. Today's idea is to make a tile filled only with tangles that start with the same letter as your first name. In my case that would be 'A'. For this tile I've used the following tangles; African Artist, Afterglo, Ambler and Arrowheads. An easy and fun prompt to train those creative muscles.



### Day 12: Black or Renaissance

Did you ever play with the younger brothers (or sister, I don't know...) of our trusted original tiles? The black or renaissance tiles? I dare you to try it today. On the black tiles you draw your tangles with white gelly roll, these work best if you use a very light touch; as if you're tickling the paper. Because the paper itself is dark you don't draw shadows on this one, but you add highlights with white charcoal pencil.

The renaissance tiles are coffee colored. When you don't have renaissance tiles you can easily color your tiles with coffee. Make your coffee very strong and use a big flat brush to make a nice wash.

On these tiles you use black microns, brown microns, switch regularly between those two colors, play with contrast and different tangles. Add shadows as well as highlights, the highlights really make everything pop!

Drawing on black and renaissance is really different then working on the original white tiles. Give yourself permission to be a beginner again.



### Day 13: Bijou series

I like making a series of tiles, it is a nice way to challenge yourself. I normally choose a subject for my tiles and try to make at least 3 tiles. On my blog you can find my 'Fengle' series (<http://www.vrijexpressief.nl/home/rekken-en-strekken>), my black series with gold accents (<http://www.vrijexpressief.nl/home/donkere-dagen-deel-2>) and my 'Just a tiny taste' series (<http://www.vrijexpressief.nl/home/just-a-tiny-taste>).

Today I dare you to make a series on Bijou tiles. Choose a subject and start tangling!

### Day 14: Zengems



Quite the hype at the moment; zengems. Eni Oken came up with this name for these gorgeous tangled gems. The hype started with Kae Yoshino posting her lovely tiles with gem look-a-likes.

You can find two tutorials for drawing the gems at her blog.

<http://tanglefan.hatenablog.com/entry/2015/11/08/170932>

<http://tanglefan.hatenablog.com/entry/2015/11/22/083348>

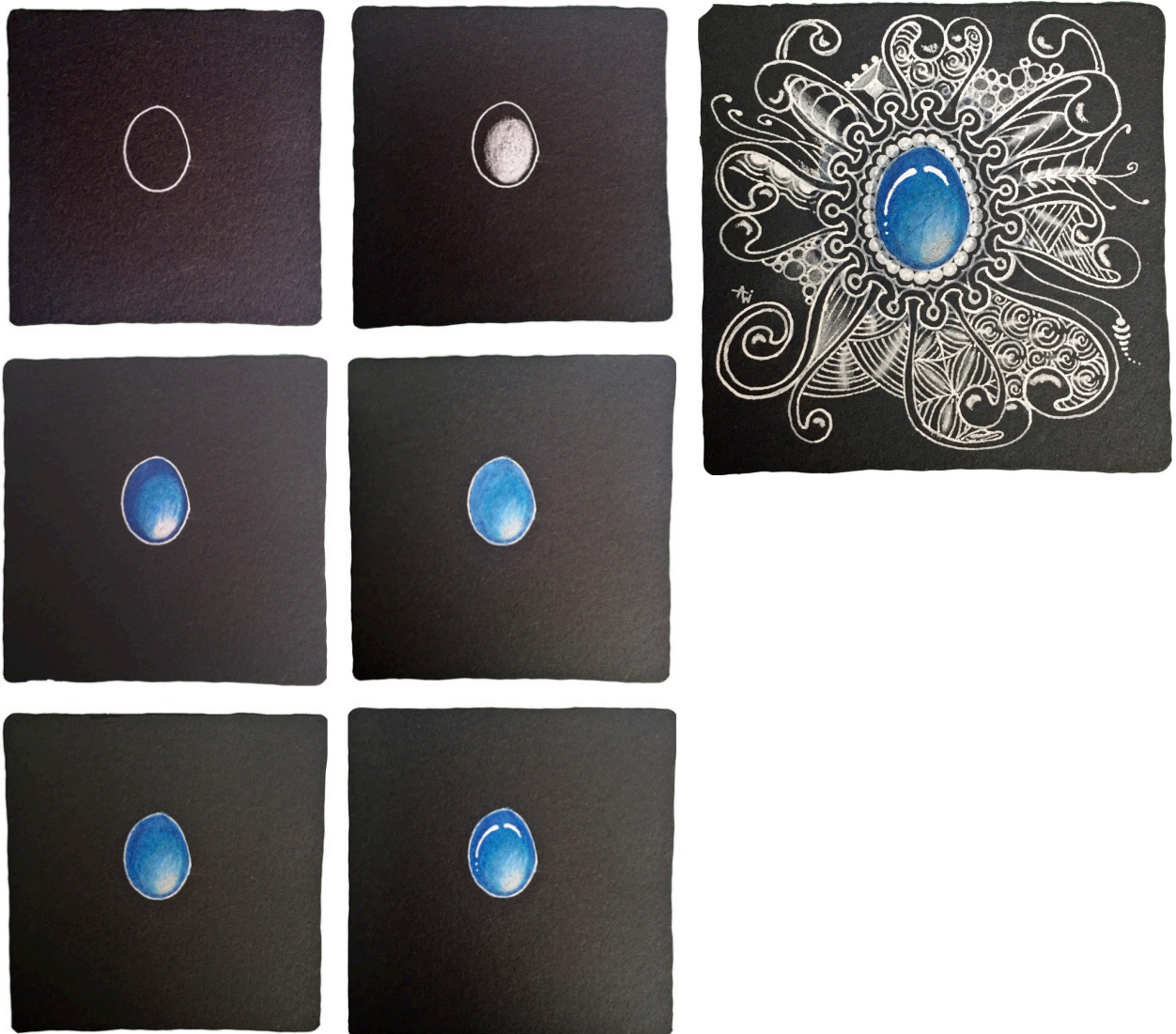
It is really fun to do! It is not as hard as it seems. Yet again I ask you to give yourself permission to be a beginner. The most important thing is to just try it.



For those who want to try this at a black tile... Here you can see my steps.

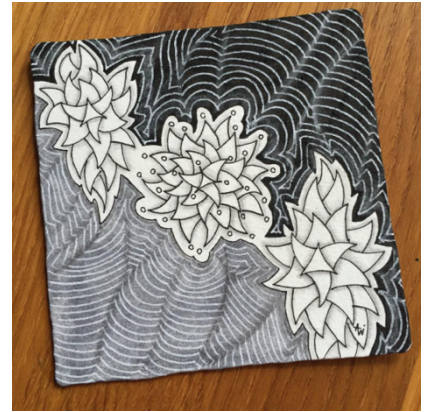
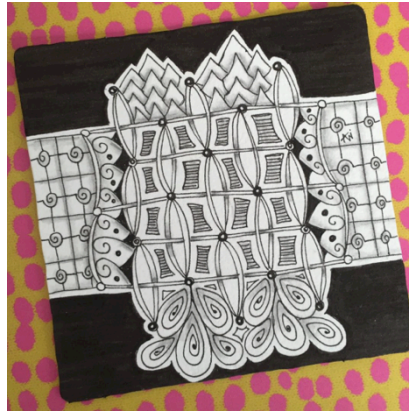
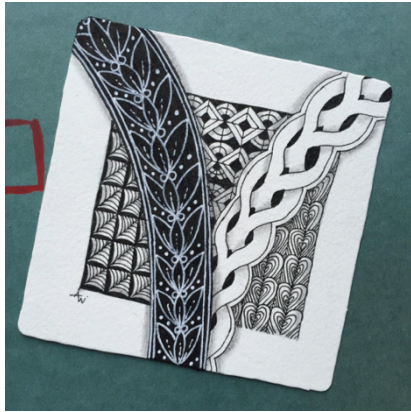
- 1: Draw the shape of your gem.
2. Since you're working on black you don't have to make a dark border. Instead make a circle with white colored pencil and fill it. Leave a dark border at the top left and a small black border at the bottom right.
3. Add color just like you would with the zengems on white paper. Choose three colors from the same color family. Apply the darkest color on top of the black border, then the middle color and the lightest but make sure to leave some white untouched.
4. Blend the colors with your white colored pencil.
5. If necessary add some more color in the darkest part of your gem to make it more vibrant.
6. Add a highlight with white gelly roll.

Complete your tile with tangles you think will look great with your gem! Use your white gelly roll and a white charcoal pencil. You can add shadows with a grey Fabrico marker (or another textile marker).



### Day 15: Black out

This prompt was also on first years Zenuari list, I repeat this because it's so much fun! Black out part of your tile. Use your white gelly roll to tangle on top, just make sure the black ink is completely dry before you add white. You can also choose to leave the black untouched and use it as a design element.



### Day 16: Unusual string

Like I mentioned before the string is an important element of your Zentangle drawing. It is a very useful guideline. Normally you draw your string with pencil, that way the string disappears in the final drawing. What if you would draw the string with a different medium today...? I like, for example, to drip ink on top of my tile and then blow them out with a straw. It leaves a nice, wonky string, you can't control the lines so the result is always surprising. Similar to the whole Zentangle process.

Of course there are lots of different string-things you can try. What do you think about a watercolor string? Or a string made with glue...? I'm sure you can come up with lots of ideas yourself. Choose one for today's drawing.



### Day 17: Zendala Sunday

My Zentangle journey started with me drawing zendala's. I already drew mandala's so to me this was a logic continuation. Each Sunday I drew a zendala, Zendala Sunday was born. Today I dare you to make a zendala. You can of course make a freehand circular drawing or you can make a template to use. The possibilities are endless!

(On Erin Koetz Olson's blog you can find lots of templates to use and fill with tangles; <http://thebrightowl.blogspot.com>)



## Day 18: Organic



Those of you who know me probably also know that my work is pretty organic looking. I like a swirl, curly lines, the feeling of movement. Often I start with one tangle and the rest grows naturally around the first tangle. I never know where it will take me. For today I want you to make an organic looking Zentangle drawing. (For more inspiration check out Michele Beauchamp's blog, she is the queen of organic tangling if you ask me; <http://shellybeauch.blogspot.com>)

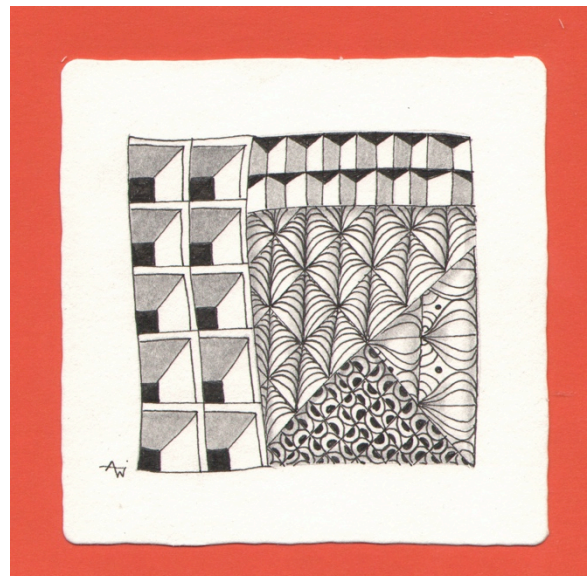
## Day 19: Hi there vacation hand!

Probably you have tried this before, drawing with your vacation hand. Say what??? Vacation hand?? Yup, that's right. It is the hand you normally don't use for drawing or writing, your non-dominant hand.

Today you will use your vacation hand to make a Zentangle drawing. Don't worry about wobbly lines, embrace them! Working with your vacation hand gets you out of your comfort zone and improves focus. Enjoy!

## Day 20: Grid tangles only

Grid tangles are tangle based on a grid. For this you start with drawing a checkerboard. Well known examples of grid tangles are: Cubine, Yincut, Dex, Emingle and Bales. Today you will make a Zentangle drawing with only grid tangles. How you do that is up to you. You can choose to draw just one big grid on your tile, or you can start with a string and add several grids. Try to make it interesting, choose tangle that complement each other. Think about contrast. Maybe you can even play with sizing?



## Day 21: Bring your own beverage

Again, I think this is such a fun prompt. It was a 'Diva's challenge' a few years ago. Bring your own beverage... How can you translate that to your Zentangle drawing?? Try making a string with the bottom of your cup after you dipped it in coffee or tea. Or maybe this is a good excuse to try mixing tangles and wine?



## Day 22: Go BIG!

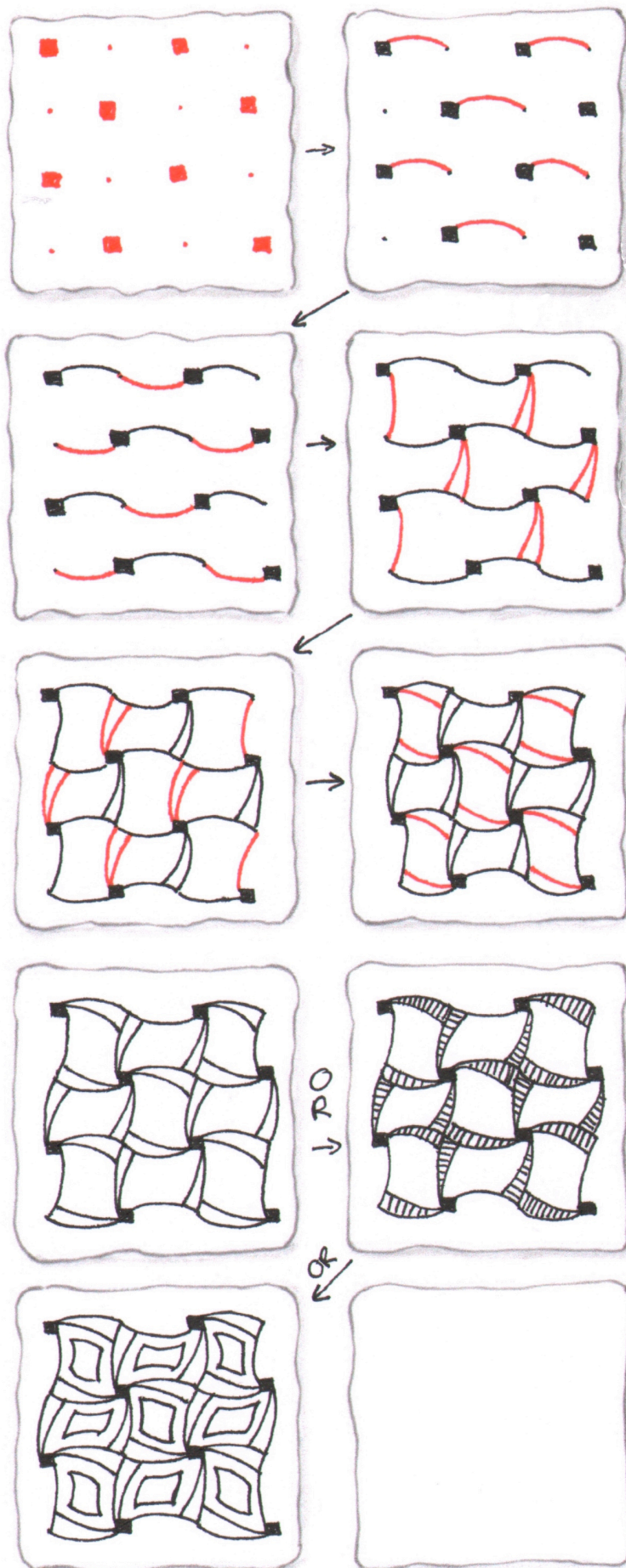
A while ago Zentangle introduced 'Opus tiles'. Quite a bit bigger than my beloved original tiles, 9 times to be exact. They do take a bit more time to finish. Today try to make a start with an opus sized Zentangle drawing. (27x 27 cm/ 10,5" square)



Look at the tiles you've already did, do you have one you can easily 'blow up'? I chose one with Mooka's. As you can see I did not copy it exactly, I added some other tangles as embellishments and also added some color. You can still see the resemblance with the inspiration tile.

I'm looking forward to see your Opus!





### Day 23: Duo pencil string

After the 'big' assignment from yesterday there is a simple one today. Make a string with two pencils today. String them together with a rubber band. You can play with the spacing by placing an eraser in between the pencils. (This is actually the only moment you can use an eraser in Zentangle.) Finish your tangle as you normally would.

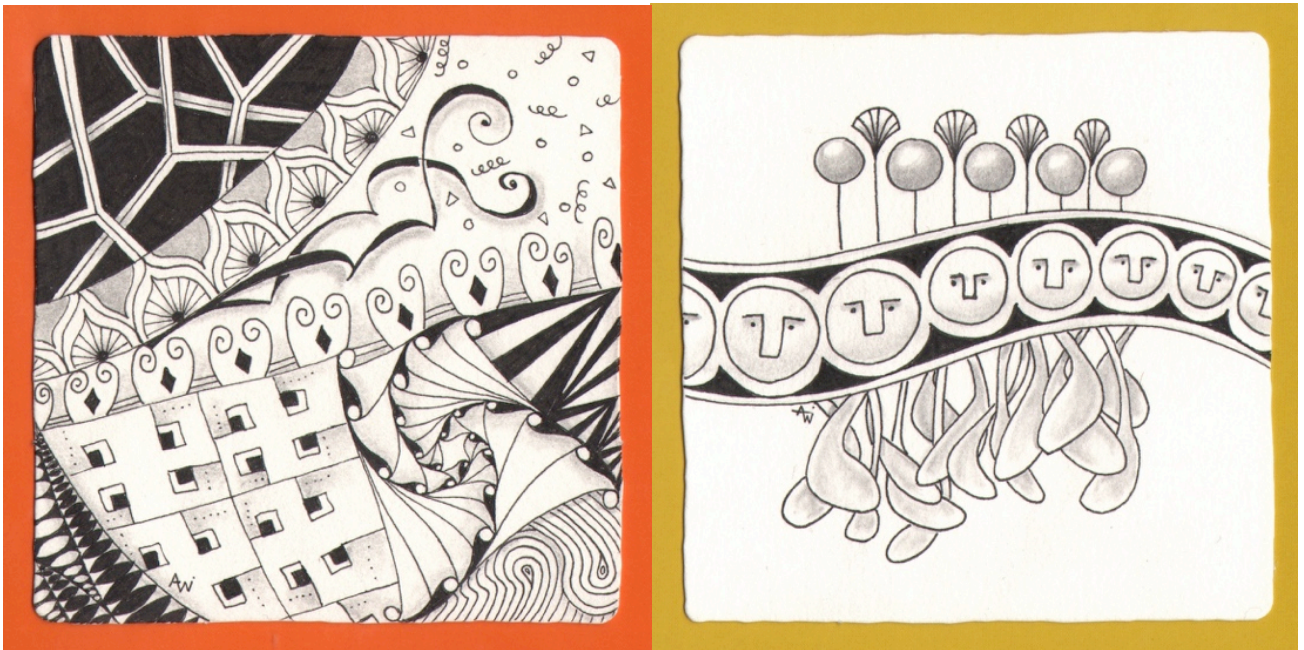
### Day 24: Use my tangle Canomo

Today I want to challenge you to use my tangle Canomo in your drawing. I did the step-outs for Canomo right after CZT seminar in June. It is based on the carpet in Hotel Providence. It took me a while to end up with this tangle, it did not even look like the carpet anymore by the time I was done. That's why it is called Canomo; Carpet No More. Have fun!

## Day 25: Idol tangles

The Zentangle community includes lots of tangers who not only like to tangle but also like to come up with their own patterns (tangles). They share them with you and me on their blogs, Facebook pages, etc. Who of these tangle-designers is your 'idol'? Whose tangles do you like to use? Whose are your favorites? Or who's work do you admire? Use tangles from your idol in today's Zentangle drawing.

I've used tangles by Margaret Bremner, the Enthusiastic Artist (<http://enthusiasticartist.blogspot.com>), the other tile is filled with tangles by Sandy Steen Bartholomew (<http://beezinthebelfry.blogspot.com>).



## Day 26: Tangle as string

There are some patterns that lend themselves greatly to be used as string. Start with the corner dots, the border and draw a tangle as a string directly with your Micron 01. Fill the tangle with other tangles. Tangles that are great as string are Hollibaugh, 'Nzeppel and Cadent. But of course you can choose any tangle of your liking.



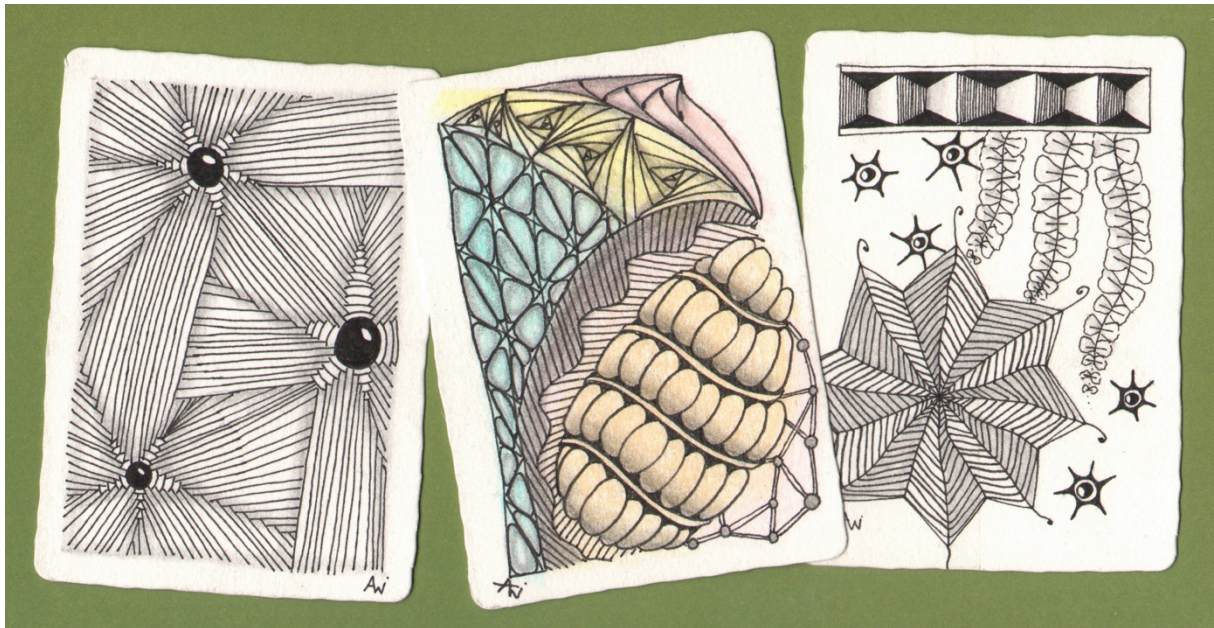


## Day 27: ATCs

Yes! The end of Zenuari is coming and just like last year I want to host a swap. Want to join the swap? Let me know in the Facebook group (I will post a message about this today) or send me an email.

You will need to tangle 3 ATCs (Artist Trading Cards) and send these to 3 different people. Of course you will receive 3 ATCs in return. The deadline for sending the cards is March 15 2016.

*(When you decide to join the swap please send me your snail mail address via private messaging on Facebook or email. I will make groups of 4 people and will send you those addresses. You have to send everyone (excluding yourself) 1 ATC before March 15.)*



## Day 28: Limit yourself

By now you must know that I like to challenge myself, right? This is another challenge I like to do regularly. I limit myself by choosing a few tangles before I start drawing. This helps me to relax while drawing, I don't have to make choices while I tangle or even look for tangles. It also challenges me to be more creative with the tangles I chose, I obviously want it to be an interesting drawing in the end.

Your 'assignment' for today is to choose 5 tangles on before hand; you will use them all in your Zentangle drawing.

And... No cheating! ;-)



### Day 29: Donut



A while ago these were the fashion at Facebook, donut filled tangles. (They fit every diet!) Today's string is a donut. Draw a circle on your tile with a smaller circle in the middle of the first. Fill the space in between with tangles. (You could also call this a wreath...)

### Day 30: Square Flexagon

At the end of Zenuari I want to introduce to you the 'Square Flexagon'. This is a mini book that keeps changing, if you fill it with tangles your tangles can keep changing as well.

Here you can find a video tutorial to make your own square flexagon. (Video is not made by me.)

[https://youtu.be/8F2xl\\_fXDQI?list=PLrBYcBMYOn1PqapnQoFD\\_OrDNiP7TxcYq](https://youtu.be/8F2xl_fXDQI?list=PLrBYcBMYOn1PqapnQoFD_OrDNiP7TxcYq)

Now comes the fun part! Adding the tangles. Have fun!

### Day 31: Your favorite!

Last year this was the last prompt as well. Today you will make a Zentangle drawing with your favorite tangles, your favorite prompt from Zenuari, your favorite colored pen, etc. etc.

Choose your favorite and have a blast!

*Zenuari is created by Anoeska Waardenburg, it is a month filled with prompts to be used in Zentangle drawings. Zenuari consists of inspiration and ideas I collected and came up with during several years.*