

The background is a dense, intricate line-art pattern in a single shade of purple. It features a variety of motifs: stylized flowers, swirling vines, clusters of small circles, and abstract, concentric line patterns. The overall effect is a complex, textured backdrop. A white rectangular box with a thin purple border is centered horizontally and vertically, containing the text.

ZENUARI 2019

Zenuari! This is the fifth Zenuari, a lustrum. Yay!

Before we begin some things to help get you started. Just like last year there is a special Facebook group for Zenuari 2019. You'll have to request membership because it's a private group. I would love it if you would post your work here. You could also share tips and tricks and get inspired by others. Please post your Zenuari work in the album for that day. Every day has its own album and it makes a lovely collection. Just imagine seeing all these lovely drawings with the same prompt together!

There will probably be a lot of different nationalities in the group, the main language in the group will be English so that it is understandable for all of us. Please do be patient and considerate with me as English is not my mother tongue. It may also not be the first language of many other in the group.

When on Instagram, please remember to use the hash tag #zenuari2019. Only then I will be able to find your drawings.

This year marks the fifth birthday of Zenuari. The first edition was small and simple. It started out as a 'kick in the butt-project' just for me. I posted it on Instagram, because it would make me accountable to someone, and then lots of people joined me. How fun is that? It became an annual event. For this fifth birthday, I decided to do a trip down memory lane. Each week corresponds with one of the previous years. I chose the prompts that I loved best. Even if you did all the previous Zenuaries it is nice to do the prompts again to see how your style developed over the years. The drawings in this E-book are my old ones. So I'll let you in on my development as well.

In this e-book you will find all the prompts for this month including explanations. I hope you will see the prompts as an inspiration guideline rather than a strict rule. Feel free to make each prompt your own. It is no competition and everyone can join; beginner as well as more advanced tangles.

Don't worry if you can't keep up for some reason. It's your party and you can tangle if you want to.

With all this being said; Let's get started with Zenuari 2019!
Enjoy!

Anoeska Waardenburg, CZT 20

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Day 1; Party

The first day of Zenuari is always the toughest, everyone is still tired and there are probably family visits planned. So we always start nice and simple. In the past the prompts for this day were: 2015, Fireworks, 2017 and Festive. Today it's your party! Be inspired by the previous prompts and make a drawing that's festive, or a tile that celebrates the New Year. Or combine it all. Have fun!



Week 1:



So this first week takes us back to the first edition of Zenuari in 2015. It's nice to see how Zenuari has grown. In 2015 there was just a list of prompts. Since it was meant to be just for me I did make much of it. Then others joined and they started asking questions; 'what do you mean...?' 'what are we supposed to do at day... 23...?'. I decided to make an accompanying blogpost on the blog I had back then. And that was it. No Facebook group, no E-book, etc. Just a bunch of enthusiastic tangers doing the prompts.

I wasn't even a CZT back then! I was just a happy tangler.

Without further ado I present this first week of Zenuari 2019 with prompts from 2015. I hope you'll have fun!

(I could only find the Zenuari 2015 tile on my 'Akseona' Instagram account. Unfortunately with ugly watermarks...)

Day 2; Stars

When I was a kid I had luminescent stars hanging on the ceiling of my bedroom. I loved them so much! Every night I would look up to them and my mind just wandered off. I was a dreamy kid... I love stars ever since. I promise my son every night that we will go look at the stars when he is a little bit bigger. That I will wake him up so that we can lay ourselves down in the grass to look up to the stars.

So today's prompt is to use stars in your tile. How you do it is up to you. You could even use stars as a string!



Day 3; Monotangle

Pretty straight forward right? Use just one tangle today! Back in 2015 I did Paradox. It's the first drawing in the collage on below.

Day 4; Biggify!

I've always been a fan of shaking things up a little. In 2015 I started simple by drawing a tangle really BIG! Preferably a tangle that I most often drew very small... In this case I Biggified the tangle Coaster (Carole Ohl). I'm looking forward to see what tangle you will blow up. Have fun! (Middle photo in the collage.)



Day 5; Hint of a tint

Although I've always been a big fan of just black and white in my Zentangle drawings I sometimes make my way into the land of color as well. Just not too much... So I would like to ask you to use just a teeny tiny bit of color in your drawing today. It could also be a light watercolor wash as background if you like. In 2015 I added red and green, I think I still had Christmas on my mind.

Day 6; Blind string

This prompt is one of my all time favorites! Real Zenuari fans will recognize it from last year as well. The idea is to draw a pencil string with your eyes closed. You will probably end up with a funny looking string. Just remember, and this is important, the string is just a guideline! You can skip lines and pull different shapes together. (Especially usefull if you end up with a bunch of teeny tiny sections...) Enjoy!!



Day 7; Duotone

Again I ask you to use some color in your drawing. In day 5 you had some different options, the only 'goal' was to use just a little color. Today I'm asking you to use two diiferent colored pens in your drawing. Just two. No more. I used orange and black in 2015, which is kind of surprising since I almost never pick up an orange pen. I do like the end result.



Day 8: No border

A true Zentangle drawing starts, as you well know, with the four corner dots, a border and a string. But what if... You skip the dots and the border? It leaves you with a bigger canvas, that's for sure. Will you try it? I recommend using a string though.

Some more drawings from Zenuari 2015 for you to enjoy.

Would you just look at that Renaissance tile...?!



Week 2:

Did you enjoy the first week of our trip down memory lane? I sure did! I think it's fascinating to see my old drawings and to notice that my style evolved. Now it's time to get in the time machine to take us back to 2016. Are you coming with me?



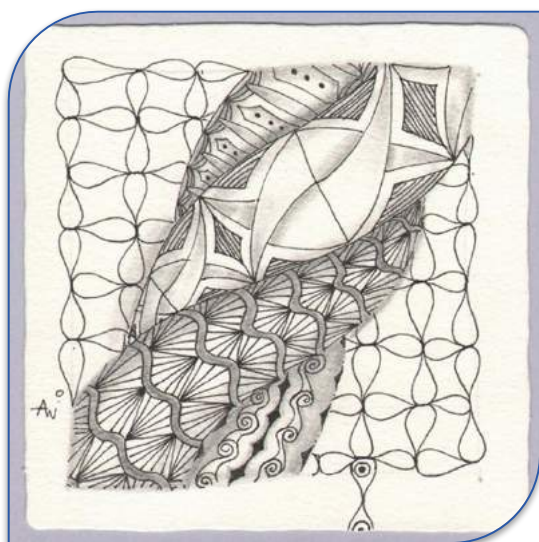
Day 9; New to me tangles

Those who know me know that I am a big fan of trying new tangles. Every now and then I go to tanglepatterns to see if there are some tangles I haven't tried before. I choose a few and sit down to do a tile with them. In true Zentangle fashion I do not try them on beforehand.

By doing this I hope to discover new favorites. Take the tangle Icanto for example (by Hanny Nura). I tried this one and instantly fell in love! I use it often now.

So today I would like you to use only tangles that are new to you. Ones you've never done before. You might find a new favorite!





Day 10; Nametangle

Today's idea is to make a tile filled only with tangles that start with the same letter as your first name. In my case that would be 'A'. For this tile I've used the following tangles; African Artist, Afterglo, Ambler and Arrowheads.

An easy and fun prompt to train those creative muscles.

Have fun! I can't wait to see your tile!

Day 11; Unusual string

You all know what a string is and how we use it. I think you probably draw it without thinking to much. Today I would like you to think about your string. Normally your string would disappear when you add tangles, this time it will remain visible. Think of different ways, different materials to make a string. Back in 2016 I did this tile where I did my string with masking fluid and then I did a wash with blue watercolors. I can imagine a string draw with watercolor pencils and then diluted, or maybe you could stitch your string. The possibilities are endless!



Day 12; Grid tangles only!

Although I am a big fan of organic Zentangle drawings I also love grid tangles (and fragments as well)! Today I want to ask you to make a drawing using only grid tangles. The challenge in this is how to combine all these grids.

You could perhaps make one big grid and fill them with different tangles. Maybe you can find some that morph into each other.

Another option would be to start with one big fragment of your chosen tangle, then fill that tangle again with your chosen tangle. Again fill that tangles with your chosen tangle... And so on and so forth.

Whatever you do, enjoy the process!

Day 13; B.Y.O.B.

Or; Bring your own beverage... I think I saw this one at the Diva's website first. I just loved the idea of making a string with your beverage. Later on this became a hit in Zentangle world. I think Rick and Maria even made a T3 of it in their Mosaic app. Today I would like you to make a string with your beverage. In my tile below from 2016 I've used coffee.



Day 14; Idol tangles

There are some Zenuari prompts that really raise your eyebrows. I think this is one of them. The explanation is quite simple though. I want you to think about someone whose Zentangle style you love or even admire. Then try to figure out what you like? Is it the use of darks and lights? The tangles? The colors? Etc. Today dedicate your Zentangle drawing to that person. My tile from 2016 was a homage to Michele Beauchamp, CZT.

Day 15; Donut

(Or doughnut if you please...) Donuts are quite simple. Draw two circles on your tile and fill the ring you've created with tangles of your liking. Shade and admire!

Some more drawings from Zenuari 2016 for you to enjoy.



Week 3:

How are you doing? Still going strong? Perhaps our time machine is making you a bit nauseous... I hope not! This week we landed our time machine in Zenuari 2017. The first year that prompts by other CZT's appeared in Zenuari. Lets look back at some prompts from that year.



Day 16; Mini-tangles

After two weeks of tangling daily I thought you deserve a break. Today we're going to create a tiny Zentangle drawing. You could just use a Bijou tile for this (2x2") or just cut your own tile in any size you like.

Be sure to use a string and maybe your favorite tangles on your tile. This will be our lazy tangle day.

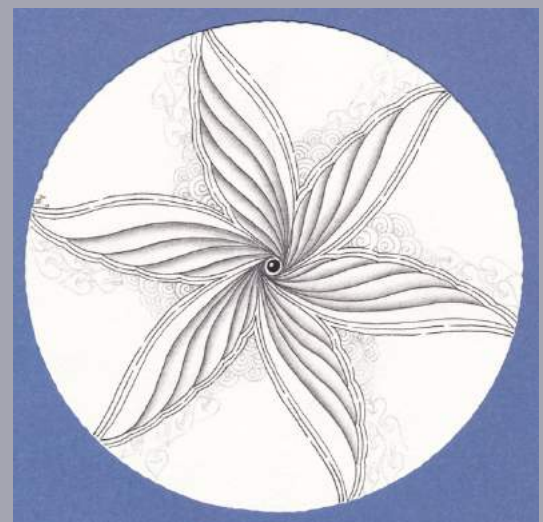
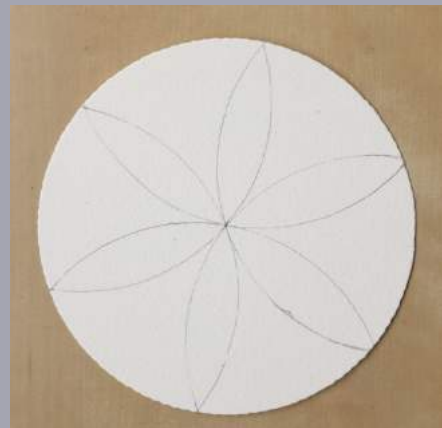
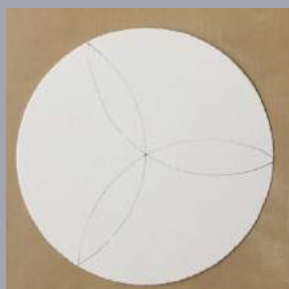
Enjoy it!

Day 17; Zendala

Before I was a CZT I taught mandala drawing classes. That's why I'm still a bit partial to Zendala's. Back in 2017 I shared this simple way to create a structure (string) for your Zendala. You can use this if you like. Feel free to use a different string of course.

TIP: A simple structure in your Zendala circle is easy to make:

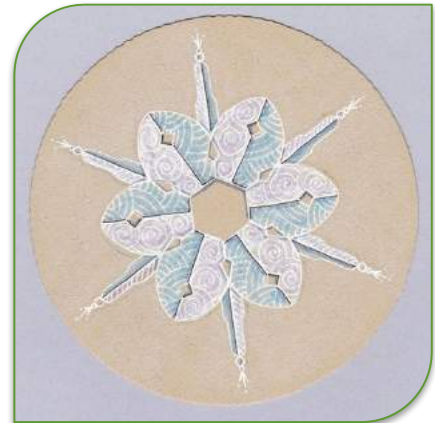
1. Draw a circle on your paper, trace the shape of a glass or a cup. Or simple use two Zendala tiles like I do. This circle is the outline of your Zendala.
2. Make a dot in the middle of the circle (approximately) with graphite pencil. It is the start of your string so do this ever so lightly.
3. Trace the same glass again, make sure that the glass (or the Zendala you are tracing) touches the dot in the middle. You are only drawing half a circle.
4. Trace the glass or the Zendala again. This time make sure the new line starts at the point where the half circle you drew in step 3 meets the outer edge of your Zendala. You can see ellipses emerging.
5. Repeat this step until you have three ellipses on your page.
6. If you want you can add three more ellipses in between the first three. Just follow the same steps again.



Day 18; Snowflake

I don't like snow, too cold and wet, but I do like snowflakes. Today's prompt is pretty straight forward: Tangle a snowflake. My tile back in 2017 was done with the help of the Tints on Tan kit by Marty Deckel, CZT and Jenny Peruzzi, CZT.

If you would like some inspiration, check out the website www.snowcrystals.com They have some amazing photos of real snowflakes. So pretty!



Day 19; Hefty Hack

This is a lovely way to make lush colorful backgrounds. And it's quite simple too! It's also great fun to do this with kids. They love this technique because it's almost like magic!

What you need are plastic bags, water-soluble markers (I used Tombow and Staedtler). You will also need a brush and water (I used an aquabrush, a brush filled with water), some paper towels and paper (I used ZT tiles).

The pictorial shows how to do it. For starters you choose which markers you want to use. Choose colors that don't make mud when mixed together. Colors that are from the same color family would be a good choice. Scribble some color on the plastic bag. Wet your paper by making little drops of water on the paper and place the bag on the water (color facing down). You'll see the colors react to the water. Lift your bag and wait till the colors have completely dried. Or blot some of the color off with a paper towel if you feel they're a bit too intense.

Now you can tangle on top of the color blob. Use your Microns and your favorite tangles.



Day 20; Maze

On day 9 of Zenuari 2017 Diana Schreur showed you her amazing labyrinths.
<http://dischdisch.blogspot.nl>

Today we will use a hand drawn labyrinth or maze as the string for your tile.

I chose the labyrinth as a string because of the many parallels between Zentangle and walking a labyrinth for example.

Both can be used for meditative purposes. The path to the center of the labyrinth can be used to let go of emotional baggage. Just like drawing a tangle, when you focus on each line you make you can let go and relax.

When you arrive in the center, you will find yourself and new possibilities will reveal themselves. Just as with Zentangle, you can be who you are. There is no right or wrong, there are only new possibilities.

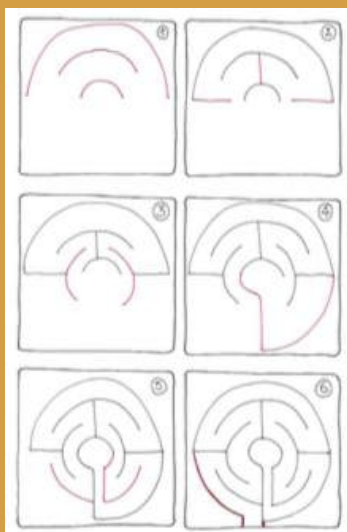
On the way out of the labyrinth you show gratitude for the new insights. Again: Just as in Zentangle. The appreciation when you have finished a tile. When you come to the conclusion that you never would have guessed that you were able to draw this. Anything is possible... one stroke at a time!

It is really nice to walk through a labyrinth, apart from the meditative aspect. And so is tangling.

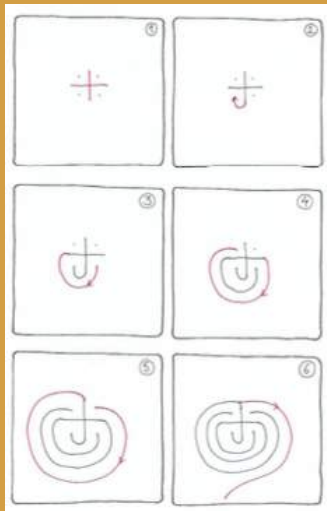
So let's get started! I've provided three different ways to draw a labyrinth string. Choose one, or maybe you know a fourth way, and tangle your way through the labyrinth. Have fun!

Diana

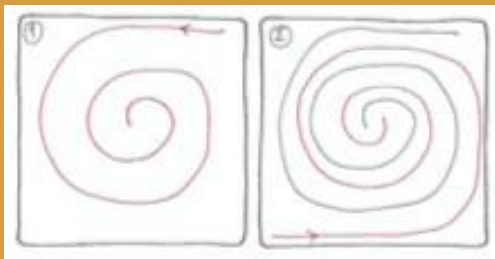
Example 1: The step-out provides you with a round labyrinth. In the example I made the labyrinth a bit more square-ish.



Example 2: Start with a plus sign. I drew this example on a Zendala tile.



Example 3: 2 spirals, as if they were twisted together, provide you with a labyrinth with 2 entrances (or exits, if you please).



Day 21; 3Z

Back in 2017 the 3Z tiles were relatively new. So I decided to make them a prompt in Zenuari. No further guidelines, just; Do a drawing on a 3Z tile. Do you think I took that prompt a little too literally? (The tangle I used is 'Drawings'.)

Haven't got 3Z's? Try making your own out of an original ZT tile. Each side of the triangle is 3,5", the same size as each side of an original Zentangle tile.



Day 22; Optical illusion

This was such a fun prompt! I really loved how all the participants played with this one (hello inner child!). Because I liked it so much I thought we'd give it another go!

So the idea is to draw an optical illusion with tangles. Do you remember those optical illusion drawings that were so popular in the 90's? (I guess it was the 90's...). My uncle had a few postcards with these drawings and I was mesmerized. It was like I was being pulled into the drawing, or some drawings appeared to be in motion. Magical!



So today I would like you to embrace your inner child and play with these optical illusions.

Oh by the way; M.C. Escher was a master in drawing optical illusions as well!

Some more drawings from Zenuari 2017 for you to enjoy.



Week 4:

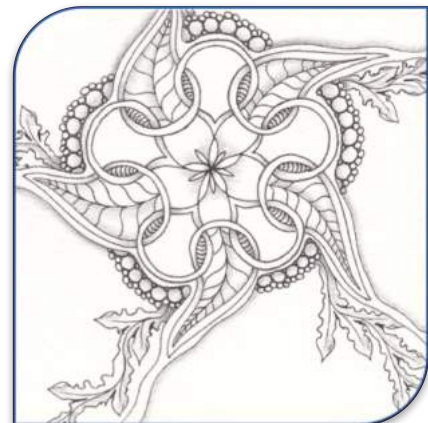
Congratulations! You've come this far already! Well done. We've landed our time machine in the year 2018. This was a super special edition for me. During this Zenuari I would not only give birth to lots of Zenuari creations, I also gave birth to our son Joren Pepijn. He was born on Zenuari 14th, although his passport says January 14th. ;-)

This year I luckily had help from the lovely Susan Reading, CZT and Marguerite Samama, CZT who kept the FB group up and running while I could focus on our little baby boy. These were the prompts last year:



Day 23; Forgotten tangle...

Do you recognize this: You try a new tangle and you love it! It shows up in almost all your drawings... Until it doesn't. And then you totally forget about it until you see someone else use it or you see it when you take a look through some older stuff. I have this all the time. I can get really crazy about a tangle and then suddenly never use it again. I even have a monthly 'forgotten tangle' on my Facebook page nowadays. Every last Friday of the month is dedicated to one of my forgotten tangles.

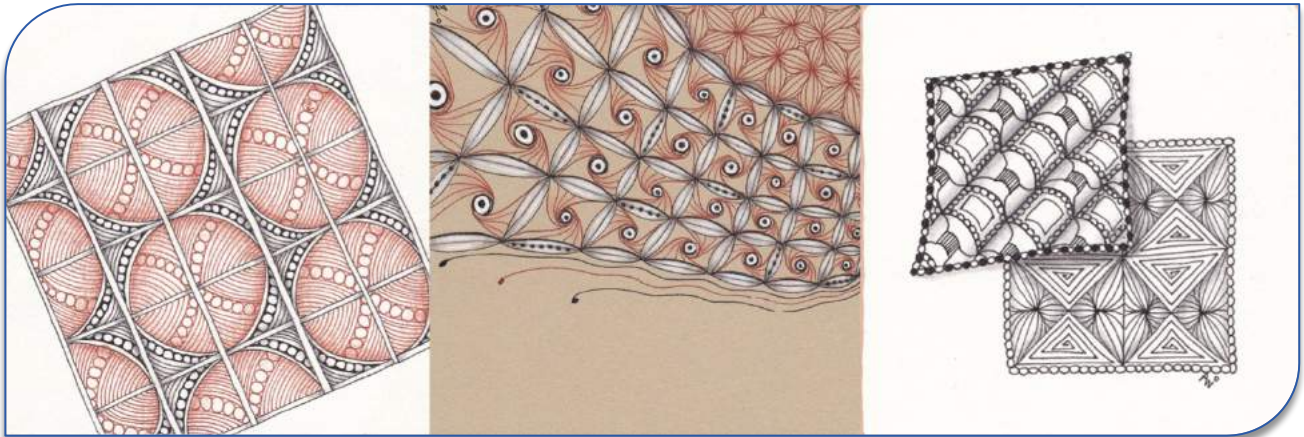


So today I would like to ask you to browse through your older works and see if there is a tangle you've completely forgotten about. Use it in today's tile.

Day 24; Reticula and Fragments!

I just had to include Reticula and Fragments. If there is one thing about Zentangle that wakes my inner child it is this. The different Reticula combined with the different Fragments can create something surprising every time.

For more info about R&F I would like to advise to check out 'Zentangle; Primer 1' by Rick and Maria or contact your local CZT. Have fun!



Day 25; Border in a border

Oh, this is so much fun! Start your tile with the four corner dots and a border. And then create another border in your first border. Use the corner dots again if you want to.

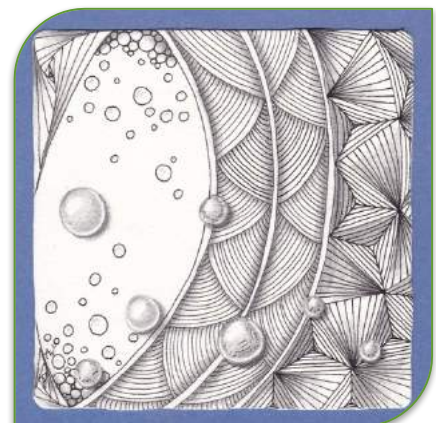
Next up? Tangling of course!

In my tile I've used Sindoo, an aura, Sandswirl and Barberpole.

Day 26; Dew Drops

Apart from tangles Zentangle also has these things they call tangle enhancers. Perfs and rounding are some enhancers. Another great one are Dew Drops. I absolutely love doing these. And they look so 3D!

Will you try some Dew Drops in your tile today? A good tutorial is found on the website of Lynn Mead, CZT: <https://atanglersmind.com/dew-drop-tutorial/>



Day 27; Zenuari swap

It's time for our annual swap. This year I chose traveling tangles for our swap. A traveling tangle is a partially tangled tile you sent to your partner who finishes it. The person who finishes it gets to keep it.

For more info on Traveling tangles check out my website:

<https://www.vrijexpressief.nl/home/travelling-tangles> Or do a google search. ;-)



Want to join the swap? Let me know in the Facebook group (I will post a message about this today) and send me an email.

You will need to make 3 Traveling Tangles size 3,5 x 3,5" and you will send these to 3 different people. Of course you'll receive 3 tiles in return. The deadline for sending the tiles is March 15 2019.

(When you decide to join the swap please send me your snail mail address via private messaging on Facebook or email.

I will make groups of 4 people and will send you those addresses. You have to send everyone (excluding yourself) 1 Traveling Tangle before March 15.)

Day 28; One tangle... three different ways

This is one of my all time favorite exercises. It is so much fun and it helps you stretch your creative muscles.

Choose one tangle, this could be one you really love or perhaps one you've never tried before. Try to make three Zentangle drawings (may I suggest Bijou tiles? 2" square) using the same tangle but try to tweak it a bit every time you draw it. You might even come up with a whole new tangle!



Day 29; Grid tangle in the spotlights

On day 23 of Zenuari 2018 Floor de Jonge asked us to place a grid tangle in the spotlights. You can find her on the mosaic app: FloorCZT.

Today I want to place a spotlight on grid tangles. Grid tangles are tangles based on a straight grid, for example: Bales, Cubine, Flukes, Fife and Florz.

My challenge for you today is the following: Choose a grid tangle (or make own with a reticulum and some fragments). To make it more special...I want to ask you to tangle something else first and then to draw the grid tangle behind it. It will make the other tangle in the foreground stand out!

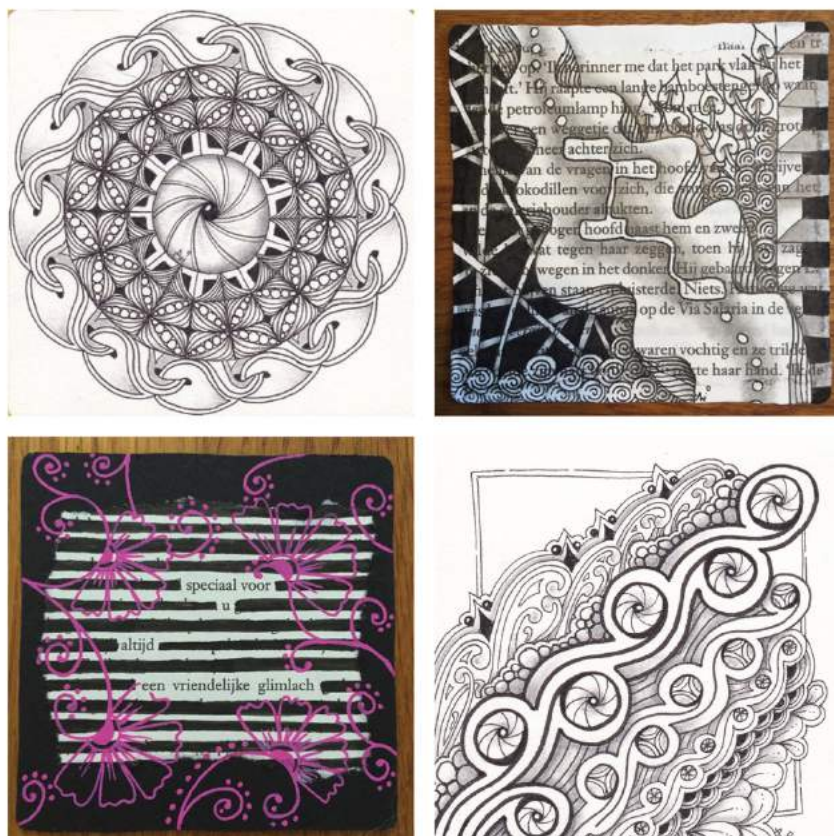
Here you can see some examples of mine. The last of the three is Anoeska's example.

All these examples feature the 'Lisbon Fragment' by Henrike Bratz which you can find here: <https://www.nord-tangle.de/lisbon-fragment/>



Have fun!

Some more drawings from Zenuari 2018 for you to enjoy.



Zenuari 2019;

Anoeska Waardenburg, Vrij Expressief. It is not permitted to use images and text without explicit written permission.

Day 30; Denma, a new tangle

You will probably know by now that when you are infected with the Zentangle virus (be aware, it's very contagious...) you see tangles everywhere.

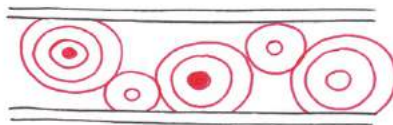


Since Zentangle is so contagious other people around you start to see them too. They might even start tangling themselves as well. My dear friend Annette sent me this picture a while back. She always thinks of me when she sees a tangle in the wild. This one was captured in Århus in Denmark. (Hence the not so original name.)

Today I hope you will make time to try Denma. Have fun!

Denma

Anoeska Waardenburg, CZT 20



Day 31; Your favorite

Traditionally the last prompt of Zenuari is 'your favorite'. You can interpret that any way you like. You could use your favorite tangle, your favorite technique, your favorite color. You could even try your favorite Zenuari prompt again. Whatever you choose, make sure you have fun doing it. And don't forget to post your final drawing in the FB group or on Instagram.

Thanks for joining again this year! I hope you've enjoyed our time travels!